Athletic Department
FIS Sports Offered By Season 2014-2015

Grade/age eligibility for FIS interscholastic teams is determined by the policies of the various athletic organizations in which FIS holds membership (ISST, DoDDS, SCIS) and by FIS Athletic Department and school policy. The following provides a summary of these requirements as they pertain to the various FIS teams and sports.

FALL SPORT TEAMS
- Boys & Girls Cross Country
- Girls Soccer
- Girls Soccer
- Boys Soccer
- Boys Soccer
- Girls Volleyball*
- Boys Volleyball *
- Boys & Girls Tennis

TRYOUTS FOR FALL SPORT TEAMS BEGIN MONDAY, 18 AUGUST

WINTER SPORT TEAMS
- Girls Basketball
- Girls Basketball
- Boys Basketball
- Boys Basketball
- Boys & Girls Swimming
- Boys Rugby (age restrictions listed below)

TRYOUTS FOR WINTER SPORT TEAMS BEGIN MONDAY, 10 NOVEMBER

SPRING SPORT TEAMS
- Boys & Girls Track & Field
- Girls Softball *
- Girls Softball
- Boys Baseball *
- Boys & Girls Tennis *
- Boys & Girls Golf
- Boys Volleyball
- Girls Volleyball

TRYOUTS FOR SPRING SPORT TEAMS BEGIN MONDAY, 16 MARCH

- 7th & 8th grade students who are 13 years old or older on 1 September of the school year may also participate on these Varsity/JV teams.
- Maximum age for all sports: Students must still be 18 years of age on the 1st September of the school year (students who are 19 or older on the 1st of September are not eligible).
- Varsity Rugby – students must be 15, 16 or 17 years of age on the 1st September 2014
- Junior Varsity Rugby – students must be 13, 14 or 15 years of age on the 1st September 2014