



Athletic Department

FIS Sports Offered by Season 2020/2021

Grade/age eligibility for FIS interscholastic teams is determined by the policies of the various athletic organizations in which FIS holds membership (ISST, DoDEA, SCIS), by the FIS Athletic Department and by school policy. The following provides a summary of these requirements as they pertain to the various FIS teams and sports.

Fall Sport Teams	
Boys & Girls Cross Country	Grades 6–12
Girls Soccer	Varsity & JV Teams, Grades 9–12
Girls Soccer	Grades 6–8 A & B Teams
Boys Soccer	Varsity & JV Teams, Grades 9–12
Boys Soccer	Grades 6–8 A & B Teams
Girls Volleyball	Varsity & JV Teams, Grades 9–12
Boys Volleyball	Varsity & JV Teams, Grades 9–12
Boys & Girls Tennis	Grade 6–8 Team
Boys Rugby (age restrictions listed below)	Varsity and JV Teams, Grades 8–12

Winter Sport Teams	
Girls Basketball	Varsity & JV Teams, Grades 9–12
Girls Basketball	Grades 6–8 A & B Teams
Boys Basketball	Varsity & JV Teams, Grades 9–12
Boys Basketball	Grades 6–8 A & B Teams
Boys & Girls Swimming	Grades 6–12

Spring Sport Teams	
Boys & Girls Track & Field	Grades 6–12
Girls Softball	Varsity Team, Grades 9–12
Girls Softball	Grade 6–8 Team
Boys Baseball	Varsity Team, Grades 9–12
Boys Baseball	Grade 6–8 Team
Boys & Girls Tennis	Varsity Team, Grade 9–12
Boys & Girls Golf	Varsity Team, Grade 6–12
Boys Volleyball	Grades 6–8 A & B Teams
Girls Volleyball	Grades 6–8 A & B Teams

- Maximum age for all sports: Students must still be 18 years of age on 1 September of the school year (students who are 19 years or older on 1 September are not eligible to compete in ISST Championships).
- Varsity Rugby - students must be 15, 16 or 17 years of age on 1 June.
- Junior Varsity Rugby - students must be 13, 14 or 15 years of age on 1 June.