



WIESBADEN CAMPUS LUNCH MENU

PLEASE NOTE THAT YOU MUST FIRST REGISTER FOR THE ONLINE ORDERING SYSTEM BEFORE LUNCHES CAN BE SELECTED. FOR DETAILED INFORMATION, LOGIN TO THE PARENT PORTAL AND THEN SELECT THE WIESBADEN CAMPUS TAB.

Date	Regular Lunch Menu	Vegetarian Lunch Menu
Mon, 1 Oct/ 2018	Fall Break I	No School
Tue, 2 Oct/ 2018	Fall Break I	No School
Wed, 3 Oct/ 2018	Fall Break I	No School
Thu, 4 Oct/ 2018	Fall Break I	No School
Fri, 5 Oct/ 2018	Fall Break I	No School
Mon, 8 Oct/ 2018	Vegetable Stew, Bread, Quark Dessert	Regular is Vegetarian
Tue, 9 Oct/ 2018	Salmon with Dill Sauce, Potatoes, Salad and Apple Sauce	Hard Boiled Eggs, Potatoes, Salad and Apple Sauce
Wed, 10 Oct/ 2018	Chicken and Vegetable Risotto, Fresh Fruit	Vegetable Risotto, Fresh Fruit
Thu, 11 Oct/ 2018	Vegetarian Pizza, Carrot Salad, Cream of Wheat Dessert with Raspberry Topping	Regular is Vegetarian
Fri, 12 Oct/ 2018	Lasagne (Beef), Salad, and Fresh Fruit	Vegetarian Lasagne, Salad, and Fresh Fruit
Mon, 15 Oct/ 2018	Chicken Fricassee, Rice, Carrot and Apple Salad, Yoghurt Dessert	Vegetable Fricassee, Carrot and Apple Salad, Yoghurt Dessert
Tue, 16 Oct/ 2018	Breaded Fish Fillet, Potatoes, Sauce, Salad, Chocolate Pudding	Vegetable Patty, Potatoes, Sauce, Salad, Chocolate Pudding
Wed, 17 Oct/ 2018	Cream of Potato Soup, 'Kaiserschmarrn' Pancakes with Apple Sauce	Regular is Vegetarian
Thu, 18 Oct/ 2018	Parent Teacher Conferences	No School
Fri, 19 Oct/ 2018	Parent Teacher Conferences	No School
Mon, 22 Oct/ 2018	Potato Duppling and Sauerkraut Casserole (Schupfnudel), Fresh Fruit	Regular is Vegetarian
Tue, 23 Oct/ 2018	Pasta, Salmon and Cheese Sauce, Crudités, Vanilla Pudding	Pasta, Cheese Sauce, Crudités, Vanilla Pudding
Wed, 24 Oct/ 2018	Beef Meatballs, Mashed Potatoes, Cauliflower, Fruit	Veggie Patty, Mashed Potatoes, Cauliflower, Fruit



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Date	Regular Lunch Menu	Vegetarian Lunch Menu
Thu, 25 Oct/ 2018	Beef Goulash, Dumplings (Semmelknödel), Red Cabbage, Yoghurt	Vegetarian Goulash, Dumplings, (Semmelknödel), Red Cabbage, Yoghurt
Fri, 26 Oct/ 2018	Scrambled Eggs, Fried Potatoes, Yoghurt Dip, Tomato Salad, Fruit	Regular is Vegetarian
Mon, 29 Oct/ 2018	Turkey "geschnetzeltes" in Curry Sauce, Rice, Salad, Banana "Quark"	Spring Rolls, Salad Banana "Quark"
Tue, 30 Oct/ 2018	Fish fingers, Tartar Sauce, Mashed Potatoes, Salad, Fruit	Egg Omelette, Salad, Fruit
Wed, 31 Oct/ 2018	Curry Vegetable and Potato Soup, Apple Strudel	Regular is Vegetarian
Thu, 1 Nov/ 2018	Vegetable Lasagna, Fruit	Regular is Vegetarian
Fri, 2 Nov/ 2018	Vegetarian Tortellini in Ham Cream Sauce, Broccoli, Yoghurt	Vegetarian Tortellini in Cream Sauce, Yoghurt
Mon, 5 Nov/ 2018	Pork Schnitzel, Potatoes, Gravy, Fruit	Vegetarian Schnitzel, Potatoes, Gravy, Fruit
Tue, 6 Nov/ 2018	Pumpkin Soup, Croutons, Potato Pancakes, Apple Sauce	Regular is Vegetarian
Wed, 7 Nov/ 2018	Pasta with Tomato Sauce, Cucumber Salad, Chocolate Pudding	Regular is Vegetarian
Thu, 8 Nov/ 2018	Vegetable Curry, Cous-Cous, Fruit	Regular is Vegetarian
Fri, 9 Nov/ 2018	Bratwurst (Pork), Mashed Potato, Red Cabbage, Yoghurt with crunchy Muesli	Vegetarian Sausage, Mashed Potato, Red Cabbage, Yoghurt with crunchy Muesli
Mon, 12 Nov/ 2018	Beef Patty, Peas, Carrots, Potatoes, Strawberry Quark	Veggie Patty, Peas, Carrots, Potatoes, Strawberry Quark
Tue, 13 Nov/ 2018	Ebly and Vegetable Stir-fry, Fruit	Regular is Vegetarian
Wed, 14 Nov/ 2018	Potato Pockets, Paprika and Kohlrabi Sticks, Fruit	Regular is Vegetarian
Thu, 15 Nov/ 2018	Breaded Fish Fillet, Mashed Potatoes, Salad, "Kirschgrütze" Vanilla Sauce	Grilled Vegetables, Mashed Potatoes, Salad, "Kirschgrütze" Vanilla Sauce
Fri, 16 Nov/ 2018	Turkey "geschnetzeltes", Spätzle Noodles, Yoghurt with Mandarines	Vegetable Balls. Spätzle Noodles, Yoghurt with Mandarines
Mon, 19 Nov/ 2018	Pasta with Tomato Sauce, Cucumber Salad, Fruit	Regular is Vegetarian



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Tue, 20 Nov/ 2018	Bratwurst (Pork), Fried Potatoes, Salad, Quark Dessert	Vegetarian Würstchen, Fried Potatoes, Salad, Quark Dessert
Wed, 21 Nov/ 2018	Baked Salmon, Rice, Sauce, Fruit	Stuffed Peppers, Rice, Sauce, Fruit
Thu, 22 Nov/ 2018	Fall Break II	No School
Fri, 23 Nov/ 2018	Fall Break II	No School
Mon, 26 Nov/ 2018	Vegetarian Risotto, and Fruit	Regular is Vegetarian
Tue, 27 Nov/ 2018	Roast Pork, Red Cabbage, Potatoes, Gravy, Quark Dessert	Vegetarian Schnitzel, Red Cabbage, Potatoes, Gravy, Quark Dessert
Wed, 28 Nov/ 2018	Vegetable and Noodle Soup, Rice Pudding Dessert	Regular is Vegetarian
Thu, 29 Nov/ 2018	Pasta, Beef Bolognese, Grated Parmesan, Salad and Fruit	Pasta, Tomato Sauce, Grated Parmesan, Salad and Fruit
Fri, 30 Nov/ 2018	Breaded Fish Fillet, Potatoes, Sauce, Salad, Chocolate Pudding	Egg Omelette, Potatoes, Sauce, Salad, Chocolate Pudding
Mon, 3 Dec/ 2018	Vegetable Stew, Bread, Quark Dessert	Regular is Vegetarian
Tue, 4 Dec/ 2018	Salmon with Dill Sauce, Potatoes, Salad and Apple Sauce	Hard Boiled Eggs, Potatoes, Salad and Apple Sauce
Wed, 5 Dec/ 2018	Chicken and Vegetable Risotto, Fresh Fruit	Vegetable Risotto, Fresh Fruit
Thu, 6 Dec/ 2018	Vegetarian Pizza, Carrot Salad, Cream of Wheat Dessert with Raspberry Topping	Regular is Vegetarian
Fri, 7 Dec/ 2018	Winter Performance	No Hot Lunch Available
Mon, 10 Dec/ 2018	Chicken Fricassee, Rice, Carrot and Apple Salad, Yoghurt Dessert	Vegetable Fricassee, Carrot and Apple Salad, Yoghurt Dessert
Tue, 11 Dec/ 2018	Breaded Fish Fillet, Potatoes, Sauce, Salad, Chocolate Pudding	Vegetable Patty, Potatoes, Sauce, Salad, Chocolate Pudding
Wed, 12 Dec/ 2018	Cream of Potato Soup, 'Kaiserschmarrn' Pancakes with Apple Sauce	Regular is Vegetarian
Thu, 13 Dec/ 2018	Vegetable and Noodle Casserole, Quark Dessert	Regular is Vegetarian



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Fri, 14 Dec/ 2018	Bratwurst (Poultry), Carrots, Fresh Fruit	Vegetarian Sausage, Carrots, Fresh Fruit
Mon, 17 Dec/ 2018	Winter Break	No School
Tue, 18 Dec/ 2018	Winter Break	No School
Wed, 19 Dec/ 2018	Winter Break	No School
Thu, 20 Dec/ 2018	Winter Break	No School
Fri, 21 Dec/ 2018	Winter Break	No School
Mon, 24 Dec/ 2018	Holiday	No School
Tue, 25 Dec/ 2018	Holiday	No School
Wed, 26 Dec/ 2018	Holiday	No School
Thu, 27 Dec/ 2018	Winter Break	No School
Fri, 28 Dec/ 2018	Winter Break	No School
Mon, 31 Dec/ 2018	Holiday	No School
Tue, 1 Jan/ 2019	Winter Break	No School
Wed, 2 Jan/ 2019	Winter Break	No School
Thu, 3 Jan/ 2019	Winter Break	No School
Fri, 4 Jan/ 2019	Winter Break	No School