



WIESBADEN CAMPUS LUNCH MENU

PLEASE NOTE THAT YOU MUST FIRST REGISTER FOR THE ONLINE ORDERING SYSTEM BEFORE LUNCHES CAN BE SELECTED. FOR DETAILED INFORMATION, LOGIN TO THE PARENT PORTAL AND THEN SELECT THE WIESBADEN CAMPUS TAB.

Date	Regular Lunch Menu	Vegetarian Lunch Menu
Mon, 14 Jan/ 2019	Pasta with Tomato Sauce, Cucumber Salad, Fruit	Regular is Vegetarian
Tue, 15 Jan/ 2019	Bratwurst (Pork), Fried Potatoes, Salad, Quark Dessert	Vegetarian Würstchen, Fried Potatoes, Salad, Quark Dessert
Wed, 16 Jan/ 2019	Baked Salmon, Rice, Sauce, Fruit	Stuffed Peppers, Rice, Sauce, Fruit
Thu, 17 Jan/ 2019	Vegetable Curry with Lentils, Potatos and Bell Peppers, Dessert	Regular is Vegetarian
Fri, 18 Jan/ 2019	Chicken Breast, Noodles with Vegetables, Yoghurt with Blue Berries	Potato Pockets, Noodles with Vegetables, Yoghurt with Blue Berries
Mon, 21 Jan/ 2019	Vegetarian Risotto, and Fruit	Regular is Vegetarian
Tue, 22 Jan/ 2019	Roast Pork, Red Cabbage, Potatoes, Gravy, Quark Dessert	Vegetarian Schnitzel, Red Cabbage, Potatoes, Gravy, Quark Dessert
Wed, 23 Jan/ 2019	Vegetable and Noodle Soup, Rice Pudding Dessert	Regular is Vegetarian
Thu, 24 Jan/ 2019	Pasta, Beef Bolognese, Grated Parmesan, Salad and Fruit	Pasta, Tomato Sauce, Grated Parmesan, Salad and Fruit
Fri, 25 Jan/ 2019	Breaded Fish Fillet, Potatoes, Sauce, Salad, Chocolate Pudding	Egg Omelet, Potatoes, Sauce, Salad, Chocolate Pudding
Mon, 28 Jan/ 2019	Vegetable Stew, Bread, Quark Dessert	Regular is Vegetarian
Tue, 29 Jan/ 2019	Salmon with Dill Sauce, Potatoes, Salad and Apple Sauce	Hard Boiled Eggs, Potatoes, Salad and Apple Sauce
Wed, 30 Jan/ 2019	Chicken and Vegetable Risotto, Fresh Fruit	Vegetable Risotto, Fresh Fruit
Thu, 31 Jan/ 2019	Vegetarian Pizza, Carrot Salad, Cream of Wheat Dessert with Raspberry Topping	Regular is Vegetarian
Fri, 1 Feb/ 2019	Lasagna (Beef), Salad, and Fresh Fruit	Vegetarian Lasagna, Salad, and Fresh Fruit
Mon, 4 Feb/ 2019	Chicken Fricassee, Rice, Carrot and Apple Salad, Yoghurt Dessert	Vegetable Fricassee, Carrot and Apple Salad, Yoghurt Dessert



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Tue, 5 Feb/ 2019	Breaded Fish Fillet, Potatoes, Sauce, Salad, Chocolate Pudding	Vegetable Patty, Potatoes, Sauce, Salad, Chocolate Pudding
Wed, 6 Feb/ 2019	Cream of Potato Soup, 'Kaiserschmarrn' Pancakes with Apple Sauce	Regular is Vegetarian
Thu, 7 Feb/ 2019	Vegetable and Noodle Casserole, Quark Dessert	Regular is Vegetarian
Fri, 8 Feb/ 2019	Bratwurst (Poultry), Carrots, Fresh Fruit	Vegetarian Sausage, Carrots, Fresh Fruit
Mon, 11 Feb/ 2019	Potato Dumpling and Sauerkraut Casserole (Schupfnudel), Fresh Fruit	Regular is Vegetarian
Tue, 12 Feb/ 2019	Pasta, Salmon and Cheese Sauce, Crudités, Vanilla Pudding	Pasta, Cheese Sauce, Crudités, Vanilla Pudding
Wed, 13 Feb/ 2019	Beef Meatballs, Mashed Potatoes, Cauliflower, Fruit	Veggie Patty, Mashed Potatoes, Cauliflower, Fruit
Thu, 14 Feb/ 2019	Beef Goulash, Dumplings (Semmelknödel), Red Cabbage, Yoghurt	Vegetarian Goulash, Dumplings, (Semmelknödel), Red Cabbage, Yoghurt
Fri, 15 Feb/ 2019	International Cultural Day -- No Hot Lunch	No Hot Lunch Available -- Kiosk CLOSED
Mon, 18 Feb/ 2019	Ski Break	No School
Tue, 19 Feb/ 2019	Ski Break	No School
Wed, 20 Feb/ 2019	Ski Break	No School
Thu, 21 Feb/ 2019	Ski Break	No School
Fri, 22 Feb/ 2019	Ski Break	No School
Mon, 25 Feb/ 2019	Pork Schnitzel, Potatoes, Gravy, Fruit	Vegetarian Schnitzel, Potatoes, Gravy, Fruit
Tue, 26 Feb/ 2019	Pumpkin Soup, Croutons, Potato Pancakes, Apple Sauce	Regular is Vegetarian
Wed, 27 Feb/ 2019	Pasta with Tomato Sauce, Cucumber Salad, Chocolate Pudding	Regular is Vegetarian



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Thu, 28 Feb/ 2019	Vegetable Curry, Cous-Cous, Fruit	Regular is Vegetarian
Fri, 1 Mar/ 2019	Bratwurst (Pork), Mashed Potato, Red Cabbage, Yoghurt with crunchy Muesli	Vegetarian Sausage, Mashed Potato, Red Cabbage, Yoghurt with crunchy Muesli
Mon, 4 Mar/ 2019	Beef Patty, Peas, Carrots, Potatoes, Strawberry Quark	Veggie Patty, Peas, Carrots, Potatoes, Strawberry Quark
Tue, 5 Mar/ 2019	Ebly and Vegetable Stir-fry, Fruit	Regular is Vegetarian
Wed, 6 Mar/ 2019	Potato Pockets, Paprika and Kohlrabi Sticks, Fruit	Regular is Vegetarian
Thu, 7 Mar/ 2019	Breaded Fish Fillet, Mashed Potatoes, Salad, "Kirschgrütze" Vanilla Sauce	Grilled Vegetables, Mashed Potatoes, Salad, "Kirschgrütze" Vanilla Sauce
Fri, 8 Mar/ 2019	Turkey "geschnetzeltes", Spätzle Noodles, Yoghurt with Mandarines	Vegetable Balls. Spätzle Noodles, Yoghurt with Mandarines
Mon, 11 Mar/ 2019	Pasta with Tomato Sauce, Cucumber Salad, Fruit	Regular is Vegetarian
Tue, 12 Mar/ 2019	Bratwurst (Pork), Fried Potatoes, Salad, Quark Dessert	Vegetarian Würstchen, Fried Potatoes, Salad, Quark Dessert
Wed, 13 Mar/ 2019	Baked Salmon, Rice, Sauce, Fruit	Stuffed Peppers, Rice, Sauce, Fruit
Thu, 14 Mar/ 2019	Vegetable Curry with Lentils, Potatos and Bell Pppers, Dessert	Regular is Vegetarian
Fri, 15 Mar/ 2019	Chicken Breast, Noodles with Vegetables, Yoghurt with Blue Berries	Potato Pockets, Noodles with Vegetables, Yoghurt with Blue Berries
Mon, 18 Mar/ 2019	Vegetarian Risotto, and Fruit	Regular is Vegetarian
Tue, 19 Mar/ 2019	Roast Pork, Red Cabbage, Potatoes, Gravy, Quark Dessert	Vegetarian Schnitzel, Red Cabbage, Potatoes, Gravy, Quark Dessert
Wed, 20 Mar/ 2019	Vegetable and Noodle Soup, Rice Pudding Dessert	Regular is Vegetarian
Thu, 21 Mar/ 2019	Pasta, Beef Bolognese, Grated Parmesan, Salad and Fruit	Pasta, Tomato Sauce, Grated Parmesan, Salad and Fruit
Fri, 22 Mar/ 2019	Breaded Fish Fillet, Potatoes, Sauce, Salad, Chocolate Pudding	Egg Omelette, Potatoes, Sauce, Salad, Chocolate Pudding

